On the day of the walk, give students a map of the wetland and the 'Water Walk Reflection Chart.' Take the students outside to meet with community members and Elders joining the walk.

At the water, have students record interesting things on their 'Water Walk Reflection Chart' including sights, sounds, feelings, and smells. Also, have the students record their journey around the wetland, recording important or significant locations.

If Elders join the walk, ask them to share their knowledge of the water and any stories. Have students sing their water song as they walk. Bring some tobacco to place by the water at the beginning of the walk.

After the walk, have the class send a message to Josephine to explain the students' Water Walk. Josephine can be reached at www.motherearthwaterwalk.com

# CURRICULUM ACTIVITY CHAPTER NINE WATER: OUR BUSINESS **TEACHER BACKGROUND**

There are many benefits to conserving water. Conservation limits the amount of water taken from the earth and the amount which is used, polluted, and sent back to Mother Earth. First Nations people recognize the importance of maintaining a healthy relationship with water and use only what is necessary.

#### Ways students can limit their water use:

- Avoid buying bottled water
- Turn off water when brushing teeth
- Take shorter showers; use less bath water
- Use rain water to water plants or garden
- Be aware of leaky faucets

The Great Lakes Watershed has been home to the Anishinaabe and Haudenosaunee people for hundreds of years. The lakes were not always referred to by their English names and have traditional names as well. It is important to recognize not only the name, but the meaning behind the names which hold significance to the surrounding area.

#### Great Lakes Anishinaabe Names:

Lake Superior Otchipewagami Lake Huron Odawgami Lake Ontario Mississaguagami Lake Erie Waabishkiigoo kichgami Lake Michigan Meeshigun Lake Simcoe **Zhoonyagami** Georgian Bay Waasayagami

#### Commitment String:

A commitment string is a mnemonic reminder of one's commitment. Similar to a commitment string, wampum belts were made as a means of making an agreement, treaty, or promise. The wampum strings help people to remember the promise. Stringing wampum is very spiritual and special to First Nations people.

#### Additional Resources:

Environment Canada- Publications and Activities http://www.ec.gc.ca/eau-water/default. asp?lang=En&n=65EAA3F5-1

## United Nations: International Decade for Action Water For Life 2005-

http://www.un.org/waterforlifedecade/quality.shtml

#### Natural Resources Canada- Freshwater

http://atlas.nrcan.gc.ca/site/english/maps/freshwater

# **ACTIVITY**

#### 9.1 MY WATERMARK



Using the thinking skills learning strategy, graphing, this activity incorporates mathematics, personal experience, and conservation potential.

#### Materials:

• Walking with Miskwaadesi or Walking with A'nó:wara story

- 'My Own Personal Water Audit' sheet for each student (located in Activity Worksheets section of document)
- Writing Tools
- Five minutes per day for a week to complete survey chart

#### Steps:

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Read chapter nine of Walking with Miskwaadesi or Walking with A'nó:wara to the class. Discuss with the class the importance of maintaining clean water. Ask students

1. What can we do to keep the waterways clean?

the following questions:

2. What difficulties would we face if we did not have enough clean water?

Over one week, have students complete 'My Own Personal Water Audit.' Individual students keep track of personal water use for one week and tally up the totals at the end of the week.

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### 9.2 TURTLE ISLAND WATERSHEDS This activity incorporates social

literacy and writing.

#### Materials:

- student
- Atlases

### Steps:

Combine all of the student tally results to demonstrate the process of creating a bar graph. Emphasize the quantity of water used by the class as a whole. Have students create individual bar araphs to represent water use.

#### Discussion questions:

- 1. What items use the most water in vour house?
- 2. What can we do to decrease the amount of water we are using for some of the categories?
- 3. Where could you reduce the amount of water you use without compromising your health?
- 4. Which day of the week was the most water used? Why?
- 5. Which day of the week was the least amount of water used? Why?
- studies, including map use, with

#### Map of Canada

- 'My Great Lakes Watershed' (located in Activity Worksheets section of document) for each
- Paper and writing tools

Discuss the meaning of 'watershed' with the class. A watershed is the area of land where surface water from rain, melting snow, or ice converges to a single point.

Provide students with the 'My Great Lakes Watershed' map to label each Great Lake and the students' local community. The traditional names of the Great Lakes should be included as well. Ask students to label and identify other places of interest that they are familiar with on their own map and create a legend.

After creating the map, have students write a story about a drop of water in the Great Lakes Watershed. Remind students that it takes about 350 years for a drop of water to flow from the top of Lake Superior to the Atlantic Ocean. Also remind them that when the water drop first entered Lake Superior, Turtle Island was a very different place.

#### 9.3 WATER IN THE WORLD

Using the activity-based learning strategy, simulation, this activity includes the use of maps, scientific experiment, and experiential learning to understand water availability around the world.

#### Materials:

- 'Amount of Freshwater Resources in the World' handout (located in Activity Worksheets section of document
- Map of the World
- 3 Litres of water or juice to share with students
- Measuring cup/granulated cylinder
- Cup for each student

#### Steps:

Use a world map to review the location of the seven continental areas and possible climatic conditions using deductive reasoning.